

# Recipes for a Song

## *The Mendocino Women's Choir Cookbook*

As inspired and eclectic as our choir, *Recipes for a Song* features everything from simple family favorites to gourmet delicacies, all lovingly offered by choir members, local restaurateurs and caterers, family, friends, and other supporters. Guaranteed to delight every palate, these scrumptious dishes include:

- Five-pound Nachos
- Naomi's Ex-Mother-In-Law's Coffee Liqueur
- Roasted Carrot Soup
- Crab and Artichoke Salad
- Buffalo Moussaka
- Vegan Ginger Pine-nut Stir-fry
- Chocolate Macadamia Tart
- And don't forget Peanut Butter and Banana Biscotti Dog Biscuits (your pooch will never stop thanking you)!

Founded by singer/composer Margy Crowningshield, singers Cynthia Frank and Sharon Hansen, and poet Karin Faulkner, the Mendocino Women's Choir has been together since 1992. We're a feminist, progressive, loving and sassy non-audition community choir. Over the years, our group has varied from twenty-four to 105 singers (yikes!), and our ages have ranged from fourteen to eighty. We perform a rich variety of music, from Mozart to Bartok, Bulgarian folk music to American doo-wop, Holly Near to Gregorian chant, PDQ Bach to gospel. Just like our recipes, there's something sure to appeal to every taste. For details, please visit us at [www.mendocinowomenschoir.org](http://www.mendocinowomenschoir.org).

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To learn more about the Mendocino Women's Choir, please visit: [www.mendocinowomenschoir.org](http://www.mendocinowomenschoir.org)